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Teach me to help

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MULTIPLICATION EVENT

Project no: 2022-1-RO01-KA220-VET-000085029



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The Teach Me To Help project was set up to address one of the biggest challenges faced by people with disabilities - limited access to education and training. Travel difficulties and social barriers have made it difficult or even impossible for many of them to participate in educational and vocational activities, significantly reducing their chances of integration into the labor market and personal development.





The pandemic of recent years has demonstrated the importance of using the online environment for education, opening up new opportunities for people with disabilities to access it. In this context, the project **"TEACH ME TO HELP" / "TEACH ME SĂ AJUTĂ SĂ AJUTĂ SĂ AJUTĂ"** was implemented to remove existing barriers and to create an inclusive educational environment for people with special needs.



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The project aimed to ensure **easy, unhindered and equal** access to personal and professional development for people with disabilities, thus facilitating their active participation in community life. The project also addressed the continuous training needs of social workers, helping them to acquire skills in using digital technologies to support people in need.





Project Objectives



General Objective:

- **Developing social workers' skills** in designing and integrating digital programs to support personal development and social inclusion of people with disabilities.

Specific Objectives:

1. **Increasing the skills** of social workers in designing and developing online courses adapted to the needs of people with disabilities.
2. Improve **effective digital communication** skills, facilitating online interactions.
3. **Improve the quality of work** and practices of the organizations involved in the project by providing quality educational support.
4. **Strengthening the capacity of organizations** to work transnationally and cross-sectorally to meet the needs of people with disabilities.





The "Teach Me To Help" project was carried out under the Erasmus+ programme, which plays a key role in facilitating the exchange of good practice between international organizations and supporting the development of professional skills relevant to modern education. The Erasmus+ programme provided the ideal framework for transnational collaboration, enabling social workers and participating organizations to improve their teaching skills and methods, adapting them to the needs of people with disabilities.





Thanks to this program, the project has benefited from international training opportunities, essential financial and methodological resources, thus contributing to the development of an accessible and innovative educational environment. Erasmus+ promotes social and educational inclusion and the "Teach Me To Help" project has fully reflected these values by creating solutions that respond to the real needs of vulnerable people.






Project Results



teach me to help

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DESCHIDEȚI UȘI VIRTUALE

Ghid practic pentru asistenții sociali privind proiectarea și dezvoltarea unui curs online adaptat persoanelor cu dizabilități

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Erasmus + Programme - Strategic Partnership
Project: "Teach Me To Help" / # 2022-1-RO01-KA220-VET-000085029



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Project Results



1. "Teach Me to Help - Open Virtual Doors" guide

The guide has been produced to support social workers in **designing and developing online courses** for people with disabilities. It provided a structured approach to creating effective and accessible courses.

The contents of the guide included:

Module 1 Formulating the Course Purpose for Online Courses for People with Disabilities

Module 2 Setting feasible objectives for Online Courses for People with Disabilities



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Project Results

Module 3 Defining Issues to Address for Online Courses for People with Disabilities

Module 4 Identifying Teaching Methods for Online Courses for People with Disabilities

Module 5 Determining the Means of Achieving the Objectives for Online Courses for People with Disabilities

Module 6 Technical Supported Exposure, Conversation, Exercise, Demonstration for Online Courses for People with Disabilities



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Project Results

Module 7 Active - Participatory Methods for Online Courses for People with Disabilities

Module 8 Fixing and Reinforcement Methods for Online Courses for People with Disabilities

Module 9 Technical Supported Exposure, Conversation, Exercise, Demonstration for Online Courses for People with Disabilities

Module 10 Suggested Schedule for the Duration of Each Session of an Online Course for People with Disabilities



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Project Results

2. Video course "Effective online communication adapted for people with disabilities"

This video course provided detailed training on **online communication** adapted to the needs of people with disabilities, with a focus on verbal and content techniques. Lessons included:

- Lesson 1 Definition of communication, concepts, forms and types of communication
- Lesson 2 Etymology of communication and conceptual definition of human interaction for people with disabilities





Project Results

- Lesson 3 Verbal and content communication techniques for use with people with disabilities online - creating content
- Lesson 4 Online verbal communication techniques - the importance of words and how they can influence perception
- Lesson 5 Assertive behavior in online communication and behavioral models





Project Results

3. Training a Target Group of 200 People

A total of **200** target group members were trained by piloting the guide and the video courses, which resulted in increasing their skills and performance in delivering online educational courses.





Project Impact

The project has had a significant impact on **social workers**, who have acquired new skills relevant to the digital environment, and on **people with disabilities**, who have had access to more inclusive education tailored to their needs. **Teach Me To Help** has contributed to their social and professional integration, giving them a better chance to get a job and actively participate in community life.





Project Sustainability

The **"Teach Me To Help"** project has a **sustainable** character by creating educational resources that can be used and adapted in the long term. The 'Open Virtual Doors' guide and the online video communication course are tools that will continue to support the training of social workers and people with disabilities long after the project has officially ended.





Project Sustainability



Project sustainability is guaranteed by:

- **Use digital resources** that can be updated and adapted to emerging needs.
- **Creation of a collaborative network** between partner organizations, which will facilitate the dissemination of results and extend the impact of the project.
- **The ability of trained social workers** to continue to develop and deliver adapted online courses, thus providing ongoing educational support to people with disabilities.



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Project Sustainability

With these results, the project ensures a lasting contribution to the educational and professional development of vulnerable people, creating an inclusive and accessible environment, in line with the values of the **Erasmus+** program.





On behalf of the Teach Me To Help team, we would like to sincerely thank you for your presence and involvement in this multiplication event. Each of you contributed to the success of this initiative by bringing your expertise, ideas and enthusiasm. We hope that the information and resources presented have inspired and motivated you to continue to support and promote the inclusion of people with disabilities in education and in your communities.



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Our project is based on the principle of collaboration and solidarity, and each of you is a valuable partner in this journey. We encourage you to apply what you have learned and continue to explore ways to support the personal and professional development of people with disabilities. The feedback you have provided is essential to improve the continuation of this project. We encourage you to stay connected and share your experiences and achievements in inclusive education.



Together, we can open new doors and transform the lives of those we serve.

Thank you again for your commitment and your desire to make a real difference in our communities.

